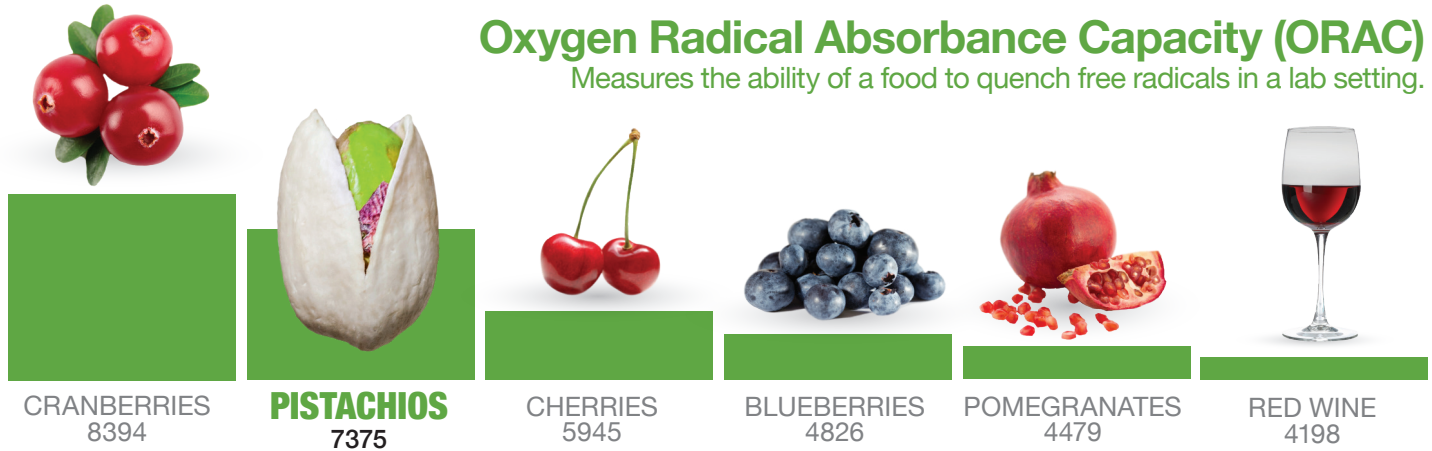


Oxygen Radical Absorbance Capacity (ORAC)

Measures the ability of a food to quench free radicals in a lab setting.



Cellular Antioxidant Activity (CAA)

Measures activity in a cell—how the cells take up or absorb the antioxidants — and is considered reflective of what may happen in the human body.

