

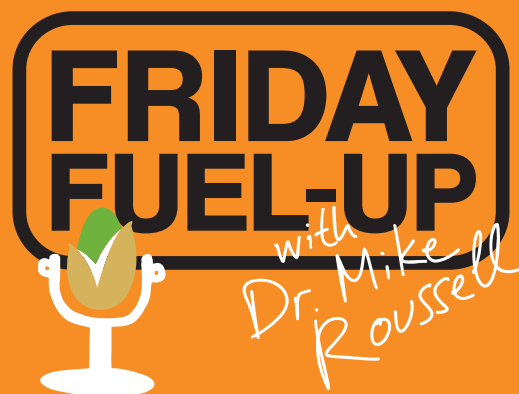
# LEADER OF THE PACK

LIVE on Facebook.com/AmericanPistachios

Friday, January 7, 2022

10:00 am PDT / 7:00 pm CEST

6:00 pm BST / 10:30 pm IST



Dr. Mike meets the 2021 Iditarod champion and one of only two athletes to win five times (along with a team of canine athletes). In a grueling race that braves blizzards, whiteouts and wind chills as low as  $-70^{\circ}\text{C}$ , Seavey explains why every second and every calorie counts.

**Dallas Seavey**  
American Dog Musher  
5x Iditarod Champion



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Don't miss FRIDAY FUEL-UP with Dr. Mike Roussel, LIVE on Facebook the first Friday of every month. Download the schedule: [AmericanPistachios.org](https://AmericanPistachios.org)